

## UNIT 5: MATTER AND ENERGY

Watch this video about matter and materials:

<https://youtu.be/pGbc10bk-Tc>

According to the video:

- ✓ Natural things: the **Sun, Moon, river** and **rocks**.
- ✓ Man-made things: **the hut, car, bed** and **road**.
  
- List of materials used to make different things: **glass, plastic, rubber, leather, sand, metal, paper** and **cement**.
- A chair could be made of **wood, plastic, cane**, etc.
  
- Everything around us is **matter**: the **book** that we read, the **air** that we breathe, **water** that we drink, etc.
- Living and non-living things have **weight** and occupy **space**.
- Everything that has weight and occupies space is called **matter**.